

For More Information
on the event, visit
www.geauxcrossfit.com



For More
Information on
Steve's Club, Visit
www.stevesclub.org

Fun!! Friends!! Fitness!! Food!! Prizes!!



SATURDAY, May 14th

10pm to 1pm

at Geaux CrossFit

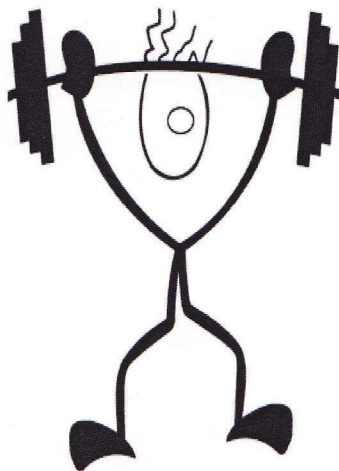
Cost: \$25 Donation to Steve's Club for At-Risk Youth

If you want to get serious about being fit or just want to spend time with friends while getting in some exercise, then this is the event for you.

**FUN AND
COMPETITION
FOR ALL AGES**

**Competition
includes teams of
three (child
and/or adult men
or women.**

**Workout details
available at sign-
up.**



Prizes include
free gym
membership.
Please call
225.456.6676
or
225.932.0029
to sign up.

Presented by:

